



COURSE TITLE: People Handling Awareness

DESCRIPTION

This interactive and comprehensive course has been designed to assist employers in meeting the requirements of the Manual Handling Operation Regulations 1992. This course is aimed at anyone who requires basic training in manual handling operation involving people as part of their job function. The course provides the necessary knowledge to enable personnel to identify manual handling activities, to follow a systematic approach to assessing a lift and in undertaking the lift using correct techniques.

DURATION

2.5 hours approximately consisting of theoretical and practical activities.

SYLLABUS

A range of subjects is covered including:

- Manual handling legislation
- Anatomy of the spine
- Techniques
- Assisting a patient to sit
- Lifting accessories
- Definition of manual handling
- Manual handling injuries
- Issues with animate objects
- Assisting a patient to walk
- Hoists and lifting equipment
- HSE statistics
- Assessment (LITE)
- Assisting a patient to stand
- Assisting a falling patient

BESPOKE

We can also provide bespoke training courses, or can include additional modules as required.

CERTIFICATION

A certificate will be issued to those who attend the full session and meet the criteria.

INSTRUCTORS

The course is delivered by instructors who have many years experience of teaching, have practical fire safety experience and are familiar with the healthcare environment.

NUMBERS

A maximum of 16 delegates can be accommodated per instructor. Larger groups can be catered for, but the ratio must not exceed 16 students per instructor.

LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.

AGE LIMIT

Delegates must be a minimum of 16 years of age.

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